

LIVE SESSIONS FOR CHILDREN

Week commencing 06/04/20

Keep an eye on [@mumtalkpodcast](#) stories on IG for ad hoc activities and resources

	8.30am	9am	9.30am	10am	10.30am	11am	11.30am	12pm	1.30pm	2pm	2.30pm	3pm	3.30pm	4pm	5pm	6pm	7pm
MONDAY	The Adventure Class with <a href="#">@benfogle</a> & Iona	PE with <a href="#">@thebodycoach</a>	Yoga for Kids <a href="#">@glowyoga_studio</a>	Play-a-long with <a href="#">@play.horray</a>	Sign Class with <a href="#">@ettiebettybaby</a>	Animal themed songs with <a href="#">@pocodrom</a>			Shake Up Dance with DDMIX (Darcey Russell)	Art Club with <a href="#">@emma_scott</a>		Dance with <a href="#">@captainfantastickids</a> (5-8yrs)		Cooking with <a href="#">@captainfantastickids</a> (5-11yrs)		Storytime with <a href="#">@captainfantastickids</a> (5-11yrs)	A book a day <a href="#">@oliverjeffers</a>
		Fitness with <a href="#">@captainfantastickids</a>	Little Ones Ballet with <a href="#">@theballetcoach</a> (ages 2-5)	Sing-a-long with <a href="#">@theminimusicmakers</a>	Musical story time with <a href="#">@beanstalkarts</a>	10 minute Art Class with <a href="#">@bluebellgray</a>				Maths with <a href="#">@captainfantastickids</a> (5-8yrs)				Primary/Level 1 Ballet with <a href="#">@theballetcoach</a> (ages 5-7)			
				Songs & exercise with <a href="#">@tumbletotshq</a>		Elevenes with the world of David Walliams											
				Storytime & Draw-a-long with <a href="#">@nicolacolton1</a>													
				Music Lesson with <a href="#">@myleeneklass</a>													
				Toddler Group with <a href="#">@captainfantastickids</a> (1-4yrs)													
TUESDAY	The Adventure Class with <a href="#">@benfogle</a> & Iona	PE with <a href="#">@thebodycoach</a>		Play-a-long with <a href="#">@play.horray</a>	Sign Class with <a href="#">@ettiebettybaby</a>	10 minute Art Class with <a href="#">@bluebellgray</a>			Shake Up Dance with DDMIX (Darcey Russell)	Art Club with <a href="#">@emma_scott</a>		Storytelling Nonsense with <a href="#">@gavcross</a>		Crafts with <a href="#">@captainfantastickids</a> (5-11yrs)	Intermediate / Adult Ballet with <a href="#">@theballetcoach</a> (ages 13+)	Storytime with <a href="#">@captainfantastickids</a> (5-11yrs)	
		Fitness with <a href="#">@captainfantastickids</a>		Sing-a-long with <a href="#">@theminimusicmakers</a>	Musical story time with <a href="#">@beanstalkarts</a>	Elevenes with the world of David Walliams				Wellbeing with <a href="#">@captainfantastickids</a> (5-8yrs)		Singing with <a href="#">@captainfantastickids</a> (5-8yrs)		Mid Level Ballet with <a href="#">@theballetcoach</a> (ages 8-12)			
				Songs & exercise with <a href="#">@tumbletotshq</a>													
				Toddler Group with <a href="#">@captainfantastickids</a> (1-4yrs)													
WEDNESDAY	The Adventure Class with <a href="#">@benfogle</a> & Iona	PE with <a href="#">@thebodycoach</a>	Wildlife with <a href="#">@backshall.steve</a>	Play-a-long with <a href="#">@play.horray</a>	Sign Class with <a href="#">@ettiebettybaby</a>	10 minute Art Class with <a href="#">@bluebellgray</a>		Cook along with <a href="#">@sr_nutrition</a>	Shake Up Dance with DDMIX (Darcey Russell)	Art Club with <a href="#">@emma_scott</a>	Animal themed songs with <a href="#">@pocodrom</a>	Music with <a href="#">@captainfantastickids</a> (5-8yrs)		Cooking with <a href="#">@captainfantastickids</a> (5-8yrs)		Storytime with <a href="#">@captainfantastickids</a> (5-11yrs)	A book a day <a href="#">@oliverjeffers</a>
		Fitness with <a href="#">@captainfantastickids</a>	Little Ones Ballet with <a href="#">@theballetcoach</a> (ages 2-5)	Sing-a-long with <a href="#">@theminimusicmakers</a>	Musical story time with <a href="#">@beanstalkarts</a>	Elevenes with the world of David Walliams				History with <a href="#">@captainfantastickids</a> (5-8yrs)				Primary/Level 1 Ballet with <a href="#">@theballetcoach</a> (ages 5-7)		Story Time with <a href="#">@mamagstories</a>	
				Songs & exercise with <a href="#">@tumbletotshq</a>													
				Lullabies with <a href="#">@myleeneklass</a>													
				Toddler Group with <a href="#">@captainfantastickids</a> (1-4yrs)													
THURSDAY	The Adventure Class with <a href="#">@benfogle</a> & Iona	PE with <a href="#">@thebodycoach</a>		Play-a-long with <a href="#">@play.horray</a>	Sign Class with <a href="#">@ettiebettybaby</a>	10 minute Art Class with <a href="#">@bluebellgray</a>	Mama & Baby Yoga with <a href="#">@glowyoga_studio</a>		Shake Up Dance with DDMIX (Darcey Russell)	Art Club with <a href="#">@emma_scott</a>		Storytelling Nonsense with <a href="#">@gavcross</a>		Crafts with <a href="#">@captainfantastickids</a> (5-11yrs)	Intermediate / Adult Ballet with <a href="#">@theballetcoach</a> (ages 13+)	Storytime with <a href="#">@captainfantastickids</a> (5-11yrs)	
		Fitness with <a href="#">@captainfantastickids</a>		Sing-a-long with <a href="#">@theminimusicmakers</a>	Musical story time with <a href="#">@beanstalkarts</a>	Elevenes with the world of David Walliams				English with <a href="#">@captainfantastickids</a> (5-8yrs)		Dance with <a href="#">@captainfantastickids</a> (5-8yrs)		Mid Level Ballet with <a href="#">@theballetcoach</a> (ages 8-12)			
				Songs & exercise with <a href="#">@tumbletotshq</a>													
				Storytime & Draw-a-long with <a href="#">@nicolacolton1</a>													
				Toddler Group with <a href="#">@captainfantastickids</a> (1-4yrs)													
FRIDAY	The Adventure Class with <a href="#">@benfogle</a> & Iona	PE with <a href="#">@thebodycoach</a>	Little Ones Ballet with <a href="#">@theballetcoach</a> (ages 2-5)	Play-a-long with <a href="#">@play.horray</a>	Sign Class with <a href="#">@ettiebettybaby</a>	10 minute Art Class with <a href="#">@bluebellgray</a>			Shake Up Dance with DDMIX (Darcey Russell)	Art Club with <a href="#">@emma_scott</a>		Singing with <a href="#">@captainfantastickids</a> (5-8yrs)		Cooking with <a href="#">@captainfantastickids</a> (5-8yrs)		Storytime with <a href="#">@captainfantastickids</a> (5-11yrs)	A book a day <a href="#">@oliverjeffers</a>
		Fitness with <a href="#">@captainfantastickids</a>		Sing-a-long with <a href="#">@theminimusicmakers</a>	Musical story time with <a href="#">@beanstalkarts</a>	Elevenes with the world of David Walliams				Science with <a href="#">@captainfantastickids</a> (5-8yrs)				Primary/Level 1 Ballet with <a href="#">@theballetcoach</a> (ages 5-7)			
				Songs & exercise with <a href="#">@tumbletotshq</a>													
				Music Lesson with <a href="#">@myleeneklass</a>													
				Toddler Group with <a href="#">@captainfantastickids</a> (1-4yrs)													
Spreadsheet will be updated every few days & re-uploaded. DM <a href="#">@mumtalkpodcast</a> to add in activities.																	